

Awareness of beneficiaries about supplementary nutrition provided under ICDS programme

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■ **ABSTRACT** : Integrated Child Development Services are the largest programme running in the rural areas of India. It covers children, pregnant women and lactating mothers. The study aimed to investigate the awareness among the beneficiaries about the supplementary nutrition provided under this programme. For this purpose two blocks of Kanpur Dehat namely, Shivrajpur and Chaubepur were selected, from each block two village Anganwadi centres were selected randomly. A sample of 108 respondents comprising of pregnant women (36), lactating mothers (36) and mothers of 3-6 years old children (36) were taken for the study. The findings indicate that most of the beneficiaries were aware about different supplementary nutrition programme facilities provided by Anganwadi centre in different category (Pregnant women, lactating mothers, 3 to 6 child rearing mothers). But the level of awareness of beneficiaries was not equal.

■ **KEY WORDS** : Supplementary nutrition, ICDS programme

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